



## PERSONAL HYGIENE

Hand Sanitizer  
Razors  
Eye Mask  
Tooth Brush  
Tooth Paste  
Dental Floss  
Breath Mints  
Breath Spray  
Mouthwash  
Tampons or Sanitary Pads  
Chapstick  
Band-Aids  
Kleenex  
Tweezers  
Deodorant

## BEAUTY & FASHION

Lotion  
Eye Cream  
Baby Powder  
Make Up Remover  
Face Wipes  
Cotton Buds  
Hair Comb  
Hair Spray  
Hair Bands + Bobbypins  
Nail Kit (*Nail polish remover, nail file, white nail polish*)  
Push Pins/Safety Pins/Floral Pins  
Mirror  
Extra Underwear  
Extra Jewellery  
Blotting Paper  
Hair Pins

## EXTRA

Earring Backs  
Heel Protectors  
Bleach pen or stain remover  
*Chalk for a quick stain disguise*  
Fashion Tape  
Sewing Kits  
Binder clips *all sizes*  
Lint Remover  
Straws  
Energy Drinks  
Paper Clips  
Super Glue  
Medication (*Aspirin, Flagyl, Tums, Immodium, Piriton*)  
Safety Pins  
Phone Chargers  
List of all vendors and important people *with contact numbers and notes on when/why to contact them*  
A Snack  
*Vodka to calm your nerves (or shine metal things) :)*

